

Ambroxol (15mg) + Guaifenesin (50mg) + Phenylephrine (5mg) + Paracetamol (325mg) +  
Cetirizine (5mg)

# Coldstave Total Tablet

**Ambroxol (15 mg) + Guaifenesin (50 mg) +  
Phenylephrine (5 mg) + Paracetamol (325 mg) +  
Cetirizine (5 mg) Tablet**

## Description

This combination tablet offers comprehensive relief from symptoms of respiratory tract infections, including cold, cough, fever, and nasal congestion. The ingredients work synergistically to ease mucus clearance, reduce nasal swelling, alleviate allergic symptoms, and relieve pain and fever.

## Composition

Each tablet contains:

- **Ambroxol Hydrochloride: 15 mg** (Mucolytic)
- **Guaifenesin: 50 mg** (Expectorant)
- **Phenylephrine Hydrochloride: 5 mg** (Decongestant)
- **Paracetamol: 325 mg** (Analgesic and Antipyretic)
- **Cetirizine Hydrochloride: 5 mg** (Antihistamine)

Excipients: Q.S.

## Pharmacological Action

1. **Ambroxol:** A mucolytic that breaks down thick mucus, improving its clearance from the respiratory tract.
2. **Guaifenesin:** An expectorant that thins mucus, making it easier to cough out.
3. **Phenylephrine:** A decongestant that relieves nasal congestion by reducing swelling in the nasal passages.

4. **Paracetamol:** Provides relief from fever, headache, and mild to moderate pain.
5. **Cetirizine:** An H1 receptor antagonist that alleviates allergy-related symptoms such as sneezing, itching, and runny nose.

## Indications

This tablet is indicated for the symptomatic relief of:

- **Common cold and flu.**
- **Productive cough with mucus.**
- **Nasal congestion and sinus pressure.**
- **Fever, headache, and body aches.**
- **Allergic symptoms such as sneezing, runny nose, and itching.**

## Dosage and Administration

- **Adults and Children (12 years and above):** 1 tablet every 8 hours or as directed by a physician.
- **Maximum Dose:** Do not exceed 3 tablets in 24 hours.
- **Swallow the tablet with water; do not crush or chew.**

## Contraindications

- **Hypersensitivity to any of the components.**
- **Severe hepatic or renal impairment.**
- **Severe hypertension or coronary artery disease.**
- **Patients on monoamine oxidase inhibitors (MAOIs) or within 14 days of discontinuation.**
- **Glaucoma or urinary retention.**

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**illness. Consult a doctor for prolonged or worsening symptoms.**

Manufactured in India for:



Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

Plot no.: 367-FF, Industrial Area Phase-I,  
Panchkula-134113

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## Precautions

- **Use with caution in patients with liver or kidney disorders, asthma, or heart conditions.**
- **Avoid concurrent use with other paracetamol-containing medications to prevent overdose.**
- **May cause drowsiness; avoid driving or operating heavy machinery.**
- **Avoid alcohol while taking this medication.**
- **Consult a physician if symptoms persist beyond 5 days or worsen.**

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## Adverse Effects

- **Nausea, vomiting, or gastrointestinal discomfort.**
- **Drowsiness, dizziness, or sedation (due to cetirizine).**
- **Dry mouth or throat.**
- **Rare allergic reactions such as rash, itching, or swelling.**
- **Nervousness or palpitations (due to phenylephrine).**

**Discontinue use and seek medical attention in case of severe adverse effects.**

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## Storage Instructions

- **Store at a temperature below 30°C in a dry place.**
- **Protect from light and moisture.**
- **Keep out of reach of children.**

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## Presentation

**Available in strips of 10 tablets.**

**Note: This medication is for symptomatic relief and does not treat the underlying cause of the**